



**Exam: All cardiac or chest CT  
for evaluation of coronary arteries**

- Avoid strenuous activity that may raise your heart rate the morning of the test.
- You may eat a light breakfast or lunch.
- You may take your regular medications with water the morning of the exam, except for Glucophage (metformin), Glucovance (metformin and glyburide) or any other product containing metformin.
- Do not take any erectile dysfunction medication 48 hours prior to your test (i.e. Levitra, Viagra, Cialis).
- Do not consume energy drinks or take diet or cold/flu medication for 12 hours prior to the exam.
- No caffeinated or decaffeinated drinks should be consumed eight hours prior to the exam. Also, do not eat chocolate or other foods that contain caffeine.

Failure to follow these instructions may make your heart rate too high to complete the test. A high heart rate may result in a delay or cancellation of the test.

**Exam: carotid, renal, abdomen, pelvis, extremity,  
or any peripheral vascular CT scan**

- You may eat a light breakfast or lunch.
- You may take your regular medications with water the morning of the exam, except for Glucophage (metformin), Glucovance (metformin and glyburide) or any other product containing metformin.