


NURSING

 St. John



CELEBRATING OUR NURSES

ION Award Candidates

ION Nurse of the Year

Recognizing Professional Accomplishment

Nurses in the Community

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Pam's Letter

Greetings!

I find myself writing this letter during the flurry of activity surrounding Nurses' Week. We attempt to make this a time of fun and appreciation, and also highlight some of the work that goes with the professional practice of nursing.

I myself am celebrating my 10th National Nurses Week here at St. John Medical Center and the professionalism and maturity of the practice of nursing has had remarkable growth. That growth is evident in the pages of this magazine. Inside, you will find the professional accomplishments of SJMC nurses. Listed are the RN III and RN IVs who achieve that level due to the professional work and understanding of the need for continuous quality improvement and their willingness to work toward the highest level of professional practice. Also highlighted are clinical nurse specialists who are charged with the assurance that SJMC nursing is based on evidence-based practice and the nurses who have achieved national certification in their speciality area, which further ensures that our patients receive safe, high-quality care.

Growth only happens if one is willing to change, and this has been a huge year for change. Jessie Dragoo, our chief nursing officer, retired in March, and I was honored to be asked to act as interim CNO. Jessie took us through our Magnet® designation, but as most of you know that is a journey and the road never ends, as our continued designation as a Magnet facility requires us to strive for improvement. Process was important for the first designation, but from this point on it will be about patient outcomes and quality of care. We celebrated our Magnet anniversary this year knowing that it will not get easier to maintain the status as a Magnet hospital, but will in fact get harder. However, as I look inside this report, I have no doubt that it can be done. You will see nurses teaching in grand rounds and providing conference presentations. You will also see nurses honored for excellence in patient care, patient satisfaction and demonstration of The St. John Way: Every Encounter, Every Time.

The value of Presence is one of the Core Values of St. John Medical Center, and St. John nurses demonstrate that every day at the bedside of our patients. You will see St. John nurses demonstrating the value of presence in the Tulsa community, Turning Tulsa Pink, participating in United Way activities, and volunteering at the Tulsa Zoo Run. Our nurses are in the community in many other ways not highlighted in this issue.

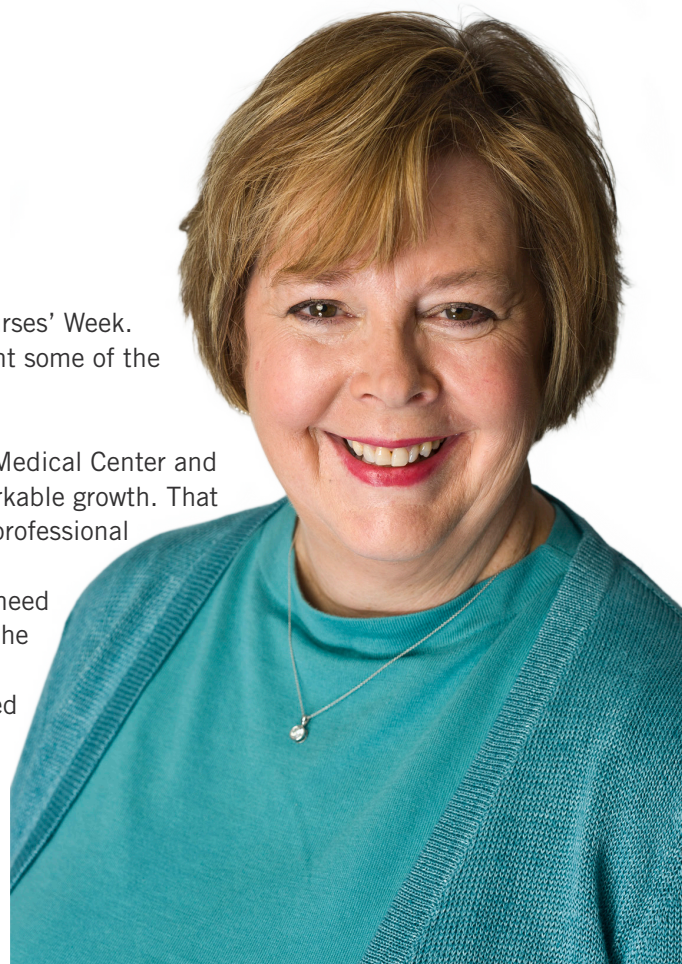
I was honored this year to serve as the chair of the second annual March of Dimes Nurse of the Year event. St. John nurses received more nominations than any other hospital in the state! You will see our deserving honorees inside.

Nursing at St. John will continue to change as we continue to grow and improve every day. That is how it should be.

Sincerely,



Pam Kiser, MS, RN, CPHQ
Interim Chief Nursing Officer



Recognizing Professional Accomplishment



Nurses with a specialty certification

Listed below are the names of nurses who are certified in their nursing specialty, have advanced on the Professional Achievement Structure or have become nurse specialists.

**** Certified**
Bold RN IV
Bold Red CNS

Abdalla, Yosria	11 East	RN III
Abraham, Julie	9 East	RN III
Adams, Julie	CVICU	RN Manager **
Alexander, Michael	Emergency Dept	RN III
Al-Hafeedhi, Amanda	11 West	RN III
Allen, Elizabeth	NICU	RN III **
Anderson, Eileen	5 East	RN III
Anderson, Kathleen	Recovery Room	RN **
Aquino, Grace	Operating Room	RN III
Arnold, Sheila	PICU	RN IV
Asbill, Allison	NICU	RN III
Ashbaugh, Leah	Clinical Educator	RN **
Baggs, Alexander, Jo	Recovery/PAT/ODSU	RN Manager **
Bailey, Mary	RAD-C T Procedures	RN III **
Baker, Rachel	8 West	RN Team Leader **
Bales, Ryan	CVICU	RN III
Banks, Elaine	NICU	RN III **
Barber, Teresa	Ambulatory Procedure Clinic	RN III
Barnes, Kimberly	RAD-Special Procedures	RN III
Barnes, Gina	9 West	RN III
Barnett, Carla	9 East	RN III
Bates, Leslie	NICU	RN III
Batterson, Sherry	Labor & Delivery	RN III
Beaver, Tye	9 West	RN **
Bechtel, Diane	Endoscopy Services	RN III
Beisly, Kay	Dialysis - Chronic Outpatient	RN III
Benton, Betty	One Day Surgery	RN III **
Bergevin, Kathrine	Home Health-Skilled Nursing	RN III
Berry, Nancy	NICU	RN III
Bickers, Margaret	NICU	RN III **
Blanco, Johnna	Rehabilitation Nursing	RN III **
Bobsein, Nancy	OR-6 S Surgery	RN III
Bolding, Patricia	Dialysis - Chronic Outpatient	RN III
Bordwine, John	Emergency Department	RN IV **
Bowman, Gana	Women's Center	RN III
Boyd, Stacie	Emergency Dept	RN Team Leader **
Bradley, Pamela	Women's Center	RN III
Bramlett, Laura	One Day Surgery	RN III
Brantley, Catrice	Ambulatory Procedure Clinic	RN III
Brasfield, Carole	Ambulatory Procedure Clinic	RN III
Bray, Sherry	Emergency Dept	RN III
Breashears, Brenda	PICU	RN III
Breckenridge, Temequah	11 East	RN III
Breeding, Kendl	NTSICU	RN III
Brennan, Stephanie	NICU	RN III
Brisco, Sarah	Glycemic Care	RN Clinical Coordinator **
Brooks, Mary	9 East	RN **
Broome, Ronda	NICU	RN III
Brown, Michelle	Endoscopy Services	RN III
Brown, Sara	Emergency Dept	RN III
Brown, Peggy	Vascular Access Team	RN III
Bryan, Anna	9 East	RN III
Bryant, Pamela	Nursery	RN III
Buck, Dallas	NTSICU	RN **
Buck, Katherine	14 West	RN **

Buffington, Dawn	Nursery	RN III
Burger, Jill	NICU	RN Manager **
Burhans, Brenda	Maternal/Child Float	RN III
Burson, Robert	Recovery Room	RN III
Burton, Kelsey	NTSICU	RN III
Bussell, Michelle	9 West	RN III
Caldwell, Hilari	Operating Room	RN III
Cameron, Diana	Emergency Dept	RN III
Camren, Stacey	RAD-C T Procedures	RN III
Cantrell, Scott	CVICU	RN III
Carrasco, Megan	8 West	RN III
Carter, Carol	AICU	RN III **
Caruth, Chad	5 West	RN III
Cash, April	9 West	RN III
Cassetty, Linda	Pre Admit Testing	RN III **
Casteel, Amy	9 West	RN III
Caudill, Rochelle	Hospice	RN **
Chapman, Deborah	NICU	RN **
Choate, Wanda	AICU	RN III
Cline, Tammy	PICU	RN III
Coates, Pamela	Pre Admit Testing	RN Team Leader **
Colon, Aileen	Outpatient Wound Center	RN III
Cooper, Christy	PICU	RN III
Copelin, Jennifer	Emergency Department	RN III
Cotner, Janet	NICU	RN III
Courtney, Tedi	12 West	RN III
Cox, Rebecca	Labor & Delivery	RN III
Cox, Amy	AICU	RN III
Crawford, Diane	12 West	RN III
Culbreath, Darrell	Rehabilitation Nursing	RN III
Das, Kristin	Nursery	RN III
Davidson, Linda	NPD	RN Specialist **
Davis, Vera	Emergency Department	RN III
Davis, Dorothy	NICU	RN **
De Lay, Cynthia	Maternal/Child Float	RN III **
Defranca, Maira	14 West	RN III
Deitrick, Kimberly	6 East	RN III
Delk Kerlin, Debby	Pre Admit Testing	RN III **
Dickey, Melanie	RAD-Special Procedures	RN IV **
Dill, Kirsten	14 West	RN III
Dobbins, Laura	Women's Center	RN IV
Doty, Patricia	NTSICU	RN III
Dow, Angela	Elite	RN **
Dowdell, Noreen	NICU	RN III
Duensing, Scott	Operating Room	RN III
Eady, Jackie	Emergency Department	RN III
Ebel, Carleen	9 East	RN III
Edwards, Jamie	Emergency Department	RN III **
Edwards, Susan	Rehabilitation Nursing	RN Manager **
Elselman, Lisa	5 East	RN III
Erdman, Jan	12 East	RN III
Estrada, Suzanne	Case Management	RN **
Fairchild, Tiffany	PICU	RN III
Fairchild, Dawn	Rehabilitation Nursing	RN III
Fann, Stephanie	Labor & Delivery	RN III

Farah, Susan	Endoscopy Services	RN III	Johnson, Kathy	11 East	RN III
Farlin, Sheryl	NICU	RN **	Johnson, Rosita	12 West	RN III
Fecteau, Kristi	NICU	RN III	Jones, Lauren	14 West	RN III **
Field, Janet	Wound Care	RN **	Jones, Greg	Rehabilitation Nursing	RN III
Fisher, Ashley	Emergency Department	RN III	Jones, Valinda		RN Director **
Fleitas, Josey	10 West	RN III	Kanneman, Carol		RN III **
Flippo, Brenna	Nursery	RN III	Karhoff, Joshua		RN III **
Flores, Jacqueline	Emergency Department	RN III	Kavaney, Brandy		RN III
Fontaine, Wendy	RAD-Routine Diagnostic	RN III **	Keel, Deborah	Operating Room	RN IV **
Ford, Kim	Labor & Delivery	RN III	Keeline, Mona	Maternal/Child Float	RN III **
Frazier, Janet	Vascular Access Team	RN III	Kelly, Geraldine	14 West	RN III
Friederich, Jennifer	AICU	RN Family Care Specialist **	Kelly, Brenda	12 West	RN III
Friesen, Jordana	6 East	RN III	Kemper, Dawn	Dialysis - Chronic Outpatient	RN III
Fruge, Mary Ann	Endoscopy Services	RN III	Kennedy, Donna	Endoscopy Services	RN III
Fuller, Tammy	11 West	RN III	Keuchel, Krista	Emergency Department	RN III
Fultz, Ebony	NPD	RN Specialist **	Kihega, Andrea	Dialysis - Chronic Outpatient	RN III
Gabel, Katherine	CVICU	RN **	King, Brandon	NTSICU	RN III
Gage, Rebecca	Elite	RN **	Kirkland, Barbara	Operating Room	RN **
Gates, Patti	Endoscopy Services	RN III	Kiser, Pamela		RN Interim CNO **
Gibson, Debra	Glycemic Care	RN **	Kite, Tamara	8 West	RN IV **
Giffhorn, Betty	NICU	RN **	Kizer, Regina	Labor & Delivery	RN III
Glenn, Rachel	Recovery Room	RN III	Knight, Patsy	9 East	RN III
Goddard, Veronica	10 West	RN III	Kraus, Sarah	Recovery Room	RN III
Goodgame, Susan	Operating Room	RN **	Lagarde, Mary	One Day Surgery	RN IV **
Goodwin, Paula	One Day Surgery	RN **	Lamb, Jennifer	Gerontology	CNS **
Gordin, Heather	Nursery	RN III	Latta, Larissa	14 West	RN III
Gordon, Rachel	PICU	RN III	Lee, Lynn	Operating Room	RN III **
Grace, Laura	NICU	RN III	Lepp, Shannon	Labor & Delivery	RN III
Greene, Pamela	Operating Room	RN IV **	Lifsics, Ellen	Glycemic Care	RN **
Greene, Lindsey	NICU	CNS **	Ligon, Sheila	CVICU	RN III
Gregg, Megan	Recovery Room	RN Clinical Educator **	Long, Elizabeth	Operating Room	RN **
Griffin, Shana	AICU	RN III	Longfield, Donna	Radiology	RN Manager **
Grubbs, Alison	AICU	RN III	Lopez, Rebekah	10 East	RN III
Gurley, Shannon	14 West	RN III **	Lopez, Megan	NTSICU	RN **
Guss, Doug	Vascular Access Team	RN **	Lovelace, Cathy	PICU	RN III
Gwartney, Angela	Radiology-M R I Procedures	RN IV **	Lucas, Trisha	Emergency Department	RN III
Hacker, Jody	One Day Surgery	RN Team Leader **	Ludwig, Jessica	One Day Surgery	RN III
Haley, Robin	Labor & Delivery	RN **	Luker, Deborah	PICU	RN III
Hamilton, Sheila	CVICU	RN **	Lutz, Dee Dee	OR-6 South Surgery	RN III **
Hammond, Rayce	9 West	RN III	Lye, Susan	Labor & Delivery	RN III
Hanneman, Tamra	12 West	RN III **	Mahan, Holly	NICU	RN III
Harper, Wanda	Hematology Services	RN III	Mangold, Christy	Endoscopy Services	RN III
Hart, Robert	9 West	RN III	Martin, Mary	Nursery	RN III
Hartgrave, Shelley	Nursery	RN III	Martin, Lori	Labor & Delivery	RN III
Hawkins, Olivia	NICU	RN III	Mason-Wilson, Latonya		RN Director **
Hays, Mary	Dialysis - Sapulpa	RN III	Mattioda, Angela	CVICU	RN IV **
Heidotten, Becky	CVICU	RN **	Mattner, Gretchen	NTSICU	RN III **
Helmig, Anna	Emergency Department	RN III **	Maxeiner, Brandi	Nursery	RN III
Hemingway, Cathy	Dialysis - Sapulpa	RN III	Maxwell, Demetria	8 West	RN III
Henderson, Susan	Maternal/Child Float	RN III	Mayberry, Ellen	Labor & Delivery	RN IV
Hendrickson, Rebecca	Operating Room	RN IV **	McConville, Tammy	Emergency Department	RN **
Henson, Sue	Pediatrics	RN Clinical Educator **	McCrackin, Tiffany	NICU	RN III
Heppel, Jessica	PICU	RN III	McCreary, Desiree	Maternal/Child Float	RN III
Hess, Vicki	AICU	RN **	McDaniel, Sharon	Emergency Department	RN III
Hesselberth, Janet	Operating Room	RN IV **	McGhee, Shannon	Labor & Delivery	RN III
Hight, Diana	Recovery Room	RN III	McIntyre, Gail	12 East	RN III
Hill, Kari	10 East	RN III	McKinney, Selena	Recovery Room	RN III
Hill, Mildred	Operating Room	RN IV **	McMillen, Lisa	One Day Surgery	RN III
Hinds, Sharon	Maternal/Child Float	RN III	McPherson, Sherry	6 East	RN III
Holbrook, Leonidus	Wound Care Team	RN III	McPheters, Susan	NICU	RN III **
Holzer, Tina	Outpatient Wound Center	RN III	McWhirt, Lloyd	10 West	RN III
Honeywell, Pete	CRC	RN Manager **	Merritt, Stacie	CRC	RN Clinical Educator **
Hood, Marta	9 West	RN III	Messick, Cristina	Vascular Access Team	RN IV **
Hopper, Jenna	NICU	RN III	Metcalfe, Rebecca	Hematology Services	RN III
Horvath, Rebecca	One Day Surgery	RN III	Meyer, Carolyn	Operating Room	RN Clinical Educator **
Hoster, Ashley	NTSICU	RN **	Michael, Sheryl	14 West	RN III
Housh, Karen	NTSICU	RN III	Miller, Kelly	PICU	RN III
Houston, Sherry	Recovery Room	RN III	Miller, Abigail	PICU	RN III
Howard, Diana	Dialysis - Chronic Outpatient	RN III	Miller, Jennifer	Recovery Room	RN III
Howell, Maryavis	Emergency Department	RN **	Miller, Destiny	Emergency Department	RN III
Hudson, Mary	NTSICU	RN III	Miller, Naomia	5 East	RN III
Huff, Katie	5 East and 5 West	RN Clinical Educator **	Miller, Rebekah	5 West	RN III
Hughes, Darlene	Pediatrics	RN **	Minshall, Althea	Radiology Diagnostic Unit	RN III
Hunt, Brooke	Emergency Department	RN IV **	Minson, Rhonda	One Day Surgery	RN IV **
Hurst, Jacqlyn	NICU	RN **	Mobley, Julie	Operating Room	RN Team Leader **
Husbands, Eastman Aileen	One Day Surgery	RN III	Moe, Rae	OR-6 South Surgery	RN III
Hutchcraft, Tamara	NICU	RN IV **	Molton, Tiffany	AICU	RN III
Hutchison, Pamela	CVICU	RN IV **	Montgomery, Kimberley	Women's Center	RN III
Ingram, Kathy	One Day Surgery	RN **	Moore, Cheri	14 West	RN III
Ivers, Patricia	12 East	RN III	Morita, Purita	Hematology Services	RN III
Jackson, Emtecia	Emergency Department	RN III	Morrow, Delana	5 East	RN III
Jeter, Jeff	12 West	RN III	Moser, Joyce	Dialysis - Sapulpa	RN III
Jiles, Tamara	NTSICU	RN **	Moss, Carol	Dialysis - Chronic Outpatient	RN III
Johnson, Stephanie	Radiology-Special Procedures	RN III	Moyer, Marcie	6 East	RN III
Johnson, Rachel	Ambulatory Procedure Clinic	RN III	Muilenburg, Tracie	NICU	RN III
Johnson, Brenna	8 West	RN III	Murray, Donna	NICU	RN III **

Murry, Micki	Ambulatory Procedure Clinic	RN III	Smith, Russell	11 East	RN III
Muse, Krista	AICU	RN III **	Smith, Cynthia	Rehabilitation Nursing	RN III
Myers, Paula	Recovery Room	RN III	Smith, Terri	12 West	RN III
Nave, Brian	5 West	RN III	Smith, Anne	Women's Center	RN III
Nevener, Karen	Hospice	RN	Smith, Nathan	AICU	RN III
Newberry, Stacie	14 West	RN **	Smith, Karen	14 West	RN IV **
Newton, Kathryn	Operating Room	RN III	Solomon, Nancy	6 East	RN Manager **
Nickelson, Kristy	NICU	RN III	Stamps, Dala	Emergency Department	RN III
Noguera, Teresa	14 West	RN III	Stanley, Misty	NTSICU	RN III
Norwood, Ann	Elite	RN **	Staton, Susan	Hospice	RN **
Nowlin, Nicole	OR-6 South Surgery	RN III	Steen, Roberta	Dialysis - Inpatient	RN III
Okoruwa, Augusta	Rehabilitation Nursing	RN III	Stevens, Danean	AICU	RN III
Olinghouse, Donna	Dialysis - Chronic Outpatient	RN III	Stevenson, Judy	Emergency Department	RN Clinical Educator **
Olmos, Rachel	Operating Room	RN III	Stewart, James	Rehabilitation Nursing	RN III
Orrick, Laura	Recovery Room	RN Team Leader **	Stimson, Tammy	Emergency Dept	RN III
Ouderkerk, Elisa	RAD-Special Procedures	RN III	Storie, Lindsay	Operating Room	RN III **
Owens, Jennifer	Recovery Room	RN III **	Stout, Tonja	Vascular Access Team	RN III
Patterson, Shelly	NICU	RN III **	Stout, Tiffany	Informatics	RN IV
Peel, Victoria	12 West	RN III	Stritzke, Paula	Ambulatory Procedure Clinic	RN IV
Penabarba, Rose	Outpatient Wound Center	RN III	Stubblefield, Natalie	Rehabilitation Nursing	RN III
Peters, Deborah	Elite	RN **	Sullivan, Marilyn	Operating Room	RN IV **
Peterson, Joanna	Nursery	RN III	Susic, Jelena	NICU	RN III
Petrilla, Margaret	Wound Care Team	RN IV	Sutton, Minou	Hematology Services	RN IV **
Pierce, Meagan	CVI Education	RN **	Swift, Lindsay	14 West	RN IV **
Plunkett, Sarah	NICU	RN **	Sword, Justin	AICU	RN III
Powell, Cynthia	Dialysis - Chronic Outpatient	RN III	Taron, Douglas	Elite	RN **
Powers, Kristyna	NTSICU	RN IV **	Tatum, Regina	AICU	RN III
Pruitt, Lara	9 West	RN III	Taylor, Melissa	8 West	RN III
Qualls, Tammy	12 East	RN III	Taylor, Barbara	14 West	RN III
Rainbolt, Gena	Operating Room	RN **	Thai, Nikkee	5 East	RN III
Ransom, Michelle	Nursery	RN III	Thomas, Amy	Emergency Department	RN III
Rappenecker, Alexandra	Radiology Diagnostic Unit	RN III	Thurlow, Rebekah	Dialysis - North Harvard	RN III
Ratz, Terri	Hospice	RN **	Tillotson, Joy	Ambulatory Procedure Clinic	RN III
Ray, Christina	NTSICU	RN III **	Trask-Morton, Aaron	Emergency Department	RN III
Reeder, Susan	6 East	RN III **	Traub, Emily	Radiation Oncology	RN **
Remington, Susan	Behavioral Assessment Team	RN III	Tudor, Lynn	CVICU	RN III
Renfro, Jill	Recovery Room	RN III **	Valenzuela, Sammye	Case Management	RN Director **
Reynolds, Tani	Recovery Room	RN III	Vandevusse-Terdal, Rhea	Emergency Department	RN III
Richerson, Wendi	Labor & Delivery	RN III	Varkey, Rosamma	12 East	RN III
Ridley, Robbie	Home Health-Skilled Nursing	RN III	Wahkinney, Rebecca	Endoscopy Services	RN III
Rinker, Suzanne	10 West	RN III	Walker, Ida	CVICU	RN **
Ritchie, Karen	Labor & Delivery	RN III **	Walker, Katie	Critical Care	CNS **
Robbins, Carol	AICU	RN III	Walker, Sandra		RN Director **
Roberson, Leslie	10 East	RN III	Wallace, Kristin	OR-6 South Surgery	RN III
Robertson, Erin	AICU	RN III	Wallace, Ann	Emergency Department	RN **
Rogers, Kristin	NICU	RN III	Ward, Susan	AICU	RN III
Rogers, Candice	CVICU	RN III	Warner, Kate	12 East	RN IV **
Rogers, Melissa	Maternal/Child Float	RN IV **	Watkins, Renee	AICU	RN Manager **
Rollings, Dianna	NICU	RN III **	Watkinson, Lauren	Recovery Room	RN III
Rolston, Katie	CVICU	RN Clinical Educator **	Watson, Wilford	AICU	RN III
Rose, Judy	Wound Care Team	RN IV	Weber, Marlene	AICU	RN III
Rose, Teresa	Home Health-Skilled Nursing	RN IV **	Weber, Terri	NTSICU	RN **
Rothell, April	NTSICU	RN **	Weeks, Deborah	Endoscopy Services	RN III
Rozett, Kristina	Emergency Department	RN III **	Wegner, Erin	Ambulatory Procedure Clinic	RN III
Rucks, Aimee	Operating Room	RN III	Weigel, Peggy	12 West	RN Manager **
Ryan, Melinda	Dialysis - Home Peritoneal	RN III	Welch, Tracie	11 East	RN III
Ryser, Carol	Wound Care Team	RN III	Wells, Susan	9 West	RN III
Sabala, Rebecca	Home Health-Skilled Nursing	RN III **	West, Jennifer	NTSICU	RN III
Saint, Angela	Labor & Delivery	RN III **	West, Carol	Rehabilitation Nursing	RN **
Sanders, Victoria	12 West	RN III	White, Larcile	NICU	RN III
Sandidge, Kathleen	9 West	RN III	Whitlock, Lisa	AICU	RN III
Sandoval, Christine	Nursery	RN III **	Wilcox, Regina	6 East	RN III
Sargent, Melissa	NTSICU	RN III **	Wilkey, Joy	NICU	RN III
Sauter, Lillian	Emergency Department	RN III	Williams, Suzanne	Recovery Room	RN III
Savala, Amanda	CVICU	RN III	Williams, Anita	12 West	RN III
Schmitz, Yvonne	NTSICU	RN III	Williams, Lenora	AICU	RN III
Schulz, Shannon	Dialysis - North Harvard	RN III	Williamson, Shelly	Dialysis - North Harvard	RN III
Scott, Tabitha	Dialysis - Sapulpa	RN III	Willis, Sharlyn	Elite	RN **
Scott, Mary		RN Project Specialist **	Wilson, Randi	PICU	RN III
Sebastian, Katie	Labor & Delivery	RN **	Wilson, Jacquelyn	CVICU	RN III
Self, Shannon	Home Health-Skilled Nursing	RN III	Wilson, Deborah	6 East	RN III
Selman, Patsy	Home Health-Skilled Nursing	RN III **	Wilson, Sharon	6 East	RN III
Seylier, Gina	NTSICU	RN **	Wilson, Amy	5 East	RN III
Shaffer, Julie	8 West	RN Manager **	Wilton, Jeanne	12 West	RN III
Shaw, Chris	5 East	RN III	Windschitl, Jeannette	10 East	RN III
Shaw, Carissa	Labor & Delivery	RN Clinical Educator **	Winkley, Tonya	Emergency Department	RN III
Shelley, Ashley	10 East	RN III	Wright, Patricia	Operating Room	RN Director **
Sher, Heather	Recovery Room	RN IV **	Wylie, Melissa	Operating Room	RN III
Shields, Linda	Emergency Department	RN III	Xiong, Mai	AICU	RN III
Shields, Rachel	NTSICU	RN **	Yoes, Tammy	Elite	RN **
Shreffler, Crystal	Nursery	RN III	Yow, Katelynne	AICU	RN III **
Sines, Carrie	14 West	RN III	Yuen, Jean	12 East	RN III
Sisco, Ashley	5 East	RN III	Zahner, Mike		RN Director **
Slauf, Kimberly	9 West	RN III	Zasio, Belinda	Operating Room	RN III
Smith, Randall	Operating Room	RN III			
Smith, Sherri	Emergency Department	RN III			

Celebrating the Nursing Profession

Personal Reflections

Five St. John Medical Center nurses shared their thoughts about the nursing profession and advice for those considering a career in health care.

Laurie Luetjen, RN
Endoscopy Services

Nursing has overwhelmingly fulfilled my career ambitions as well as an exhortation by Jesus Christ. In the Biblical example of the Good Samaritan about caring for the needs of others, Jesus commands us to go and do the same.

As nurses, we are allowed to be autonomous, yet we have great accountability regarding patient care. We often enter into people's lives when they are in crisis, and can truly make a difference. We are able to intervene on behalf of the whole patient, physically, emotionally, and spiritually. At St. John Medical Center, we are depended upon to be ambassadors of our Core Values regarding Service, Wisdom, Presence, and Human Dignity.

I have had the honor many times over to serve my patients with compassionate care, show respect for my patients by recognizing them as individuals, comfort the fearful patient, and allow those taking their last breath to die with dignity. With the recent death of my father, I was painfully reminded of how crucial the role of the nurse is to the family of the patient. Even though I had been an RN for almost 30 years, I was suddenly thrust in to the role of a grieving daughter who needed to feel that hand on my shoulder and to see that my father had the care he deserved.



My mom, my siblings and I also had enormous emotional and spiritual needs that at times seemed overwhelming. Daunting decisions had to be made daily, sometimes hourly, when not one of us felt capable. My father's hospice nurse was like a lifeline given to us during my father's final moments. I will be forever grateful for that nurse. That recent experience was a renewal of my commitment and desire to be there for the next patient and family.



**Jennifer Oard RN, BSN, CHRN
Wound Care Center/Hyperbarics**

When asked in nursing school why I wanted to become a nurse, the answer was simple.

Nursing chose me.

Nursing was not my first career in life. Before I became a nurse I was a science teacher. I absolutely loved teaching and it was extremely gratifying, but God had a different plan for me. I began to feel a nudging inside me that it was time to make a change in my life. So I did, and it has been one of the most exciting and rewarding decisions I have ever made!

The best thing is that I get to still be a teacher, but to a whole new audience. Nursing has opened up a new world to me. I look forward to coming to work every day because I know that I can help make a positive impact in someone's life. It is such a blessing to be a part of our patient's

lives, to comfort their pain and heal their wounds. As nurses, we are advocates for our patients to ensure they get the best care possible and that all their physical, mental and spiritual needs are met.

It is such a stimulating job, and I am learning something new every day in this dynamic, ever-changing and challenging career. So, I encourage you to look into the career of nursing and, like me, you won't regret it!

As I look back and reflect on my days as a nurse, I am satisfied overall with my career choice. At a young age, I longed to become a person able to provide help to others in need. I realized that this did not always have to be extravagant; if my small act of kindness was sincere, I could at least make another individual smile.

As a nurse, I also love meeting people who come from different backgrounds and are hospitalized for different reasons. Each person has a story. This allows me to learn about many cultures and gives me new perspectives about health.

I am also fortunate to have the opportunity to work on a teaching floor. We have many nursing students whom I can encourage to pursue nursing. This is really my passion, especially because there is such a shortage of nurses.

What I love most of all about nursing is the opportunity to be a part of someone's journey. Even though most patients come to the hospital to get physical care, I realize that what some people need most is spiritual care. I feel that when the human heart is positive, it transcends through the body and makes it healthier. This is why I love to make people laugh.

Though my years as a nurse have been short, I look forward to making this a lifelong career. I have no doubt that I will meet many more great people and will strive to make good memories for my patients.

**Nikkee Thai, RN
Cardio-Surgical Telemetry Unit**





Nan Moseley, RN
Cardiac Telemetry Unit

Since I was a child, I have been completely fascinated by the human body and all its processes. I never cease to be amazed at the intricate details of God's creation. This awe is what first sparked my desire to become a nurse.

I started my career at St. John Medical Center as a grad nurse on the cardiac telemetry floor. After eight years, I still work on 5 West. I have met some of the most amazing people during this time and feel honored to call many of my co-workers my friends. We have a wonderful team and I am extremely proud to be part of it.

After nearly a decade in nursing, I realize how much this position entails. Nursing is listening when a patient or family member just needs to be heard. Nursing is critical thinking skills and interventions that save lives every day. Nursing is holding a patient's hand as they take their last breath. It's about comforting those that are hurting or have suffered a

loss. It's being a patient advocate and protecting human dignity.

Nursing is about being part of a team. It's about spending holidays with strangers who are in their most vulnerable moment. It's about putting the needs of others before your own. Sometimes, it's physically and emotionally draining, but that is always outweighed by the reward of making a difference in the lives of others.

Words cannot describe the emotions evoked by some of these experiences, but without a doubt these experiences have changed me. Being a nurse is not just my job; it's part of who I am.

Chris Shaw, RN
Cardio-Surgical Telemetry Unit

I knew that I didn't want a typical 9-to-5 job, but I still wanted a professional career that was financially rewarding and offered comprehensive benefits and growth opportunities. The field of nursing offered all that I was looking for, and more. There are benefits not found in other fields, such as flexible scheduling, allowing for a three-day work week, and the increasingly uncommon benefit of job security in uncertain economic times.

My choice to become an RN is one of the best decisions I have made in my life. As much as I appreciate my benefits, it is truly my patients that make my job rewarding; often, the RN is the guiding light for patients and their families amidst life's most trying circumstances, and I am humbled to be of service to them.



ION Nurse of the Year Candidates

St. John Medical Center celebrates the 2011-2012 Image of Nursing (ION) Nurse of the Year award candidates. The ION Nurse of the Year award is St. John Medical Center's highest nursing honor. It recognizes exemplary contributions

to the nursing profession, patients and colleagues. The nine award candidates were honored individually during leadership meetings between June 2011 and March 2012 and the winner was selected by her peers in April.



March 2012 ION Award Recipient Regina Kizer, RN

Regina Kizer, works in St. John Medical Center Labor and Delivery and is the weekend charge nurse. Kizer received her ADN from Tulsa Community College in 2004, and is currently pursuing a BSN through the St. John Medical Center-University of Oklahoma Bridge Program. Amongst peers, she is considered to be a vital team player, and is viewed as a leader and mentor. Kizer has been instrumental in writing new policies and procedures, and is a strong advocate of evidence-based practice. She served as chair of her unit-based council for multiple terms.

On her unit, Kizer is known for her positive energy and enthusiasm for nursing. Co-worker Shannon Lepp says: "Regina's passion for Labor and Delivery is contagious!" Kizer has also consistently demonstrated leadership throughout the rest of the hospital. She is a leading member of the Magnet/R&R Council and had a significant role in St. John's journey to become a Magnet-designated hospital. It was her vision that brought the Image of Nursing (ION) award to the medical center, and she has worked diligently to sustain the momentum, keeping this recognition at the forefront.



February 2012 ION Award Recipient Geraldine Kelly, RN

Geraldine "Jerri" Kelly has been a nurse for 25 years, the past 18 serving diligently in the medical center's oncology unit. She earned her nursing degree at Butler Community College in Eldorado, Kansas, in 1986.

"Jerri always puts others before herself, works as a relief charge and is willing to help out on the unit in any way possible. Because of her calm demeanor, expert oncology knowledge, great interpersonal skill and willingness to help others, she makes the perfect preceptor for new nurses," says unit manager Okja Chung.

Kelly's biggest clinical achievement was her effort to reduce the incidence of pressure ulcers. Kelly is credited with achieving a 0 percent incidence of pressure ulcers on 14 West and maintaining that rate for more than two years. She championed the TCAB Skin/Pressure Ulcer Prevention project, which began five years ago, and works hard to sustain the change on the unit. She educates new associates on the process used to prevent pressure ulcers. Kelly is also dedicated to evidence-based practice, and frequently volunteers for quarterly P&I projects.

ION Nurse of the Year Candidates



December 2011 ION Award Recipient Jennifer Friederich, BSN, RN, CGRN

Jennifer Friederich has worked at St. John Medical Center since 2005. For five of those years she served as charge nurse, then team lead of the endoscopy unit. She obtained her ADN in 1999 and, in 2008, completed her BSN at Oklahoma Wesleyan University. In 2011, Jennifer became the family care specialist for the adult intensive care unit. She is certified in gastroenterology and is working toward critical care certification. In addition, as event coordinator, Jennifer serves on the board of the Greater Tulsa Area Chapter of the American Association of Critical Care Nurses (GTAC/AACN).

Jenni, as many of us know her, has served faithfully with the Magnet Council for the past six years and had the honor of attending the Magnet conference in Phoenix, AZ, when St. John was recognized for receiving Magnet designation. "I am happy to say that I am a part of the SJMC family, and proud of St. John's mission and values," she says. "I have always called myself a St. John cheerleader because I love St. John!"



November 2011 ION Award Recipient Deborah Keel, RN, CNOR

Deborah Keel works in 3 North Surgery. She is passionate about the implementation of evidence-based practice as shown by her involvement through Nurse Practice Council on several house-wide projects that bring science to the bedside. Deborah assisted with the implementation of a closed drainage Foley system in the OR and use of date stickers to indicate when Foleys are placed, making it easier to determine early removal.

Keel is an active member of her area AORN chapter, a member of ANA and is a certified operating room nurse.

"Debbie embodies the best qualities of a nurse — a caring professional who leads the OR with skill, integrity and grace; a true role model to others and a blessing to her patients," noted one surgeon who routinely works with Keel.

ION Nurse of the Year Candidates



**October 2011 ION Award Recipient
Jennifer Lamb RNC, MS, GCNS-BS, APRN**

Jennifer Lamb's passion for nursing and helping others was first expressed when she was 14 years old and volunteered in a nursing home. She also worked as a hospital housekeeper while attending nursing school at Oral Roberts University, where she obtained her BSN in 1990 and later completed her clinical nurse specialty geriatric track at the University of Oklahoma in 1995.

Lamb has continued to grow professionally and is now the clinical expert within the division of nursing for the geriatric population. She is a member of the Oklahoma Nurses Association and maintains certification as a clinical nurse specialist in geriatric nursing.

"Jennifer's expertise has become a resource for nursing and physicians," says supervisor Pam Kiser. "The special consideration for the geriatric patient as well as the knowledge that Jennifer imparts have become staples for nursing at St. John. Thank yous come from staff nurses, directors, physicians and, most importantly, families."



**September 2011 ION Award Recipient
Stacie Merritt, BSN, RN-BC**

Stacie Merritt has been a nurse for 22 years; 21 of those years were spent serving in the Navy. She retired in October 2010 and is now the clinical educator for CRC and Elite.

Merritt received her BSN through Deaconess College of Nursing in St. Louis, MO, and holds a medical-surgical nursing certification through the American Nurses Credentialing Center. "I'm a med/surg nurse at heart. I love it!" she says. "I knew when I was a little girl that this is what the Lord put me on Earth to do. Being able to help others in their time of need may be humbling, but also very satisfying. I couldn't think of a better career!"

"My greatest professional accomplishment would have to be the 13 months I spent overseas in support of our troops during 2006-2007. Caring for our wounded warriors will forever be the most difficult, and yet rewarding, experience of my career."

ION Nurse of the Year Candidates



**July 2011 ION Award Recipient
Megan Gregg, MSN, RN, CPAN**

Megan Gregg has been on staff at St. John Medical Center since June 2003, and has become a valuable resource for nurses. She started as a nurse extern, transitioned to bedside care, became a clinical instructor and is a certified peri-anesthesia nurse (CPAN). Gregg is proud to say that St. John is a family affair; both her mother and sister are also nurses at the hospital.

Gregg received her MSN from Oklahoma Baptist University in March 2011. She shares her knowledge as an adjunct educator for Langston University School of Nursing in the leadership and complex care clinical rotations. At St. John, she is a member of the Cerner Documentation Council, the Pain Resource Nurses and the Education Council. She is involved in the Oklahoma Society of Peri-anesthesia Nurses, Sigma Theta Tau and sits on the NEOSPAN board as an education officer.



**June 2011 ION Award Recipient
Betty Benton, CRNI**

Betty Benton has been part of the St. John Medical Center team for 36 years. Her co-workers in the One Day Surgery unit report that she has an incredible knowledge base, is adept at navigating healthcare systems and knows how to get things done in a timely manner. Benton is certified in infusion therapy and is a member of the Association of Surgical and Perianesthesia Nurses.

Benton partnered with Mary LaGarde and the UBC to develop the Community Network Project, a program that offers support to new graduates as they transition to bedside nursing. Benton is working on creating a fund to help indigent patients obtain post-op pain medication. At times, she has paid for medications that her patients could not afford.

ION Nurse of the Year Award Recipient

Maya Kinmon, BSN, RN

January 2012 ION Award Recipient

Maya Kinmon has been a nurse for nine years. She has served as a float pool nurse, relief house manager and is currently the team leader on 9 East. Kinmon recently completed her BSN through the University of Texas at Arlington.

“I have enjoyed every day that I have worked at St. John and look forward to the future adventures that I may have here,” Kinmon says. “I love the patient population and believe it to be one of the most diverse in the community. But I have to say, our older adult population is my absolute favorite because I enjoy hearing about their past.”

“I believe that it is a true honor for the patient to feel comfortable enough with you to share a piece of their personal history. This is one of the biggest reasons why I still enjoy bedside nursing and, hope to remain at the bedside in some (capacity) for a long time.”



March of Dimes Nurse of the Year Awards Gala



St. John Nurses
Honored at March of
Dime's Nurse of the
Year Awards Gala

Seven St. John Medical Center nurses were honored at the March of Dimes Nurse of the Year Awards Gala in Oklahoma City. The statewide gala honored nurses' tireless work to provide care, comfort and support to their patients.

St. John Medical Center honorees included:

Sunny Bray, oncology
Megan Gregg, general medical/surgical
Donna Longfield, quality and risk management
Mary Martin, hospice, home health and palliative care
Gaye Rotramel, education and research
JoAnn Rushenberg, quality and risk management
Larcile White, charge nurse

Larcile White (center) and Megan Gregg (left) received the Nurse of the Year award in their respective categories.



Pam Kiser, (right) interim CNO for St. John Medical Center, served as the event chair. The gala was held on September 29 in Oklahoma City.

Jessie Dragoo, Vice President of Nursing Retires

Jessie Dragoo, MS, RN, NEA-BC, was honored during a retirement reception March 2 (below) for her 30 years of service to St. John Medical Center.

Jessie began her nursing career at a 14-bed hospital in Waldron, Arkansas, in 1973. In 1977, she moved to California, adding NICU, emergency room and trauma center experience to her skill set. She joined the St.

John family in September 1982, accepting a position in the emergency department. Advancing throughout her career, she became the medical center's chief nursing executive in 2001 and the vice president of nursing in 2005.

Jessie received a fellowship from the Johnson & Johnson Wharton Fellows Program in Management for Nurse Executives at the University of Pennsylvania in 2001. She became certified in nursing administration through the American Nurses Credentialing Center in 2005; in 2006, she achieved advanced certification. In 2009, she received the Oklahoma Nurses Association Excellence in Nursing Administration award.

Jessie Dragoo, Vice President of Nursing, was honored during a retirement reception March 2 for her 30 years of service to St. John Medical Center.



At the pinnacle of her profession, she led St. John Medical Center's initiative to become a Magnet®-recognized facility by the American Nurses Credentialing Center.



Celebrating Nurses as Teachers

2011 Nursing Grand Rounds

Nursing Grand Rounds (NGR) is a forum for staff nurses to share clinical expertise and best practices developed to improve patient care. Sessions feature nurses from various specialties and provide an avenue to showcase and share knowledge among peers. NGR offers opportunities to learn from experienced nurses while discussing patient outcomes. The classes are usually framed as a case study, with an emphasis on the importance of interdisciplinary collaboration.

Examples of NGR sessions include:

- quality improvement topics
- National Patient Safety Goals
- current trends and findings
- patient and family education
- sentinel events

Nursing Grand Rounds
Peripheral IV's Insertion, Care and Maintenance

Wednesday, 11/30/11
0730—0830 and 1530—1630
Health Plaza, Lower Level, B

Presented by
Cristina Messick, RN,
BSN, CRNI
and
Tonja Stout, RN, ADN




St. John Medical Center is an approved provider of continuing nursing education by the Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Provider Number SJM #0703 Expiration Date June 30, 2012

Nursing Grand Rounds:
The Use of Reversal Agents in Oversedation

Presented by:
Jody Hacker BSN, RN
And
Pam Coates BSN, RN



One contact hour

March 21st: 0730—0830
Health Plaza LL C

March 24th: 1530—1630
Health Plaza LL B

This continuing nursing education activity was approved by St. John Medical Center as approved provider of continuing nursing education by the Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.


Provider Number SJM #0703 Expiration Date June 30, 2012

Nursing Grand Rounds
A New Kind of Cardiomyopathy: Broken Heart Syndrome

Monday, 4/25/11
0730—0830 and 1530—1630
Health Plaza, Lower Level, C

Presented by: Ida Walker, RN, CCRN

1.1 contact hour




St. John Medical Center is an approved provider of continuing nursing education by the Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Provider Number SJM #0703 Expiration Date June 30, 2012

Nursing Grand Rounds
Glomerular Filtration Rate & Preventing Renal Failure

Thursday, 7/7/11
0730—0830 and 1530—1630
Health Plaza, Lower Level, B



Presented by:
Melanie Dickey
RN, BSN, CPAN, CRN

This activity has been submitted to Colorado Nurses Association for approval as a contact hour. Colorado Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.


Provider Number SJM #0703 Expiration Date June 30, 2012

NURSING GRAND ROUNDS
BARIATRIC SURGERY

FEBRUARY 23, 2011
07:30 – 08:30
OR 15:30 – 16:30


Health Plaza, Lower Level, Classroom C

Pre-Operative



Intra-Operative

One contact hour
Contact hour eligibility expires: February 23, 2013



Post-Operative

Presented by: Lynn Lee, RN, MSN
Brook Diebold RN, BSN
Karen Eckert RN, BSN
Julia Mobley RN, BA, CNOR
Annette Rosenheck RN, BA
Aimee Ruckes, RN, BSN


St. John Medical Center is an approved provider of continuing nursing education by the Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Provider Number SJM #0703 Expiration Date: June 30, 2012

NURSING GRAND ROUNDS: JOURNAL CLUB 101

SJMC Health Plaza,
LOWER LEVEL, CLASSROOM B

TUESDAY, JUNE 14TH, 2011
0730-0900 OR 1530-1700



This activity has been submitted to St. John Medical Center as approved provider of continuing nursing education by the Colorado Nurses Association for approval as a contact hour. Colorado Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Provider Number SJM #0703 Expiration June 30, 2012

Nursing Grand Rounds
Comfort Measures Only



Tuesday, June 28, 2011
0730—0830 & 1530—1630
Health Plaza, Lower Level, Classroom B

Presented by:
Stacy Painter RN, BSN, OCN
Cheri Moore RN, ADN

One contact hour
Contact hour available online 6/30/2011

St. John Medical Center is an approved provider of continuing nursing education by the Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Provider #0703 approval expires June 30, 2012.

Provider #0703 approval expires June 30, 2012

Nursing Grand Rounds
Chemotherapy Hazards Standards

Tuesday, 5/17/11
1200—1300 and 1700—1800
Health Plaza, Lower Level, A

Presented by
Amber Tienda, RN, BSN, OCN
Tami Potteiger, RN
Katie Buck, RN, BSN, OCN

1.0 contact hour



St. John Medical Center is an approved provider of continuing nursing education by the Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Provider Number SJM #0703 Expiration Date June 30, 2012

Nursing Grand Rounds
Disaster Preparedness

Monday, 12/19/11
0730—0830 and 1530—1630
Health Plaza, Lower Level, B



Presented by:
Judy Stevenson,
RN, MS, CCRN, CEN, CSCRN

This activity has been submitted to St. John Medical Center as approved provider of continuing nursing education by the Colorado Nurses Association for approval as a contact hour. Colorado Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Provider Number SJM #0703 Expiration Date June 30, 2012

Nursing Grand Rounds
Interdisciplinary Communication



Friday, July 15, 2011
0730—0830 Health Plaza LL B
& 1530—1630 Health Plaza LL C

Presented by:
Megan Pierce, RN, MSN, CCRN
Sheila Hamilton, ADN, BS, RN, TNCC, CCRN
Janice Luko, ADN, RN
Lari Hill, BSN, RN
Karen Ritchie, BSN, RNC
Katie Hamilton, RN, BSN, CCRN

St. John Nurses Present at Local Simulation Conference



Nurses participate in simulation training at St. John Medical Center.

Kim Craig, RN and Stacie Merritt, RN represented St. John Medical Center at the sixth annual simulation conference – Bridging the Borders: Institutional and Interdisciplinary Collaboration – held April 12 at Tulsa Tech – Health Science Center.

The team presented two sessions at the conference, “Standardized Patients” and “Simulation Opportunities for Hospitals”. Craig and Merritt are clinical instructors. Craig served as the initial educator to use simulation for graduate nurses. She has been instrumental in the development and initiation of the current standardized patient program at St. John. Merritt is a simulation program coordinator who provides training for licensed nurses and nurse assistants. She led the effort to institute a standardized patient program.

Honoring Nursing Excellence

Breakfast Club Honorees



St. John congratulates the nurses honored during the monthly Breakfast Club, a reception for associates mentioned in Press Ganey surveys or patient thank you letters.



Celebrating Magnet® Designation Anniversary



St. John Medical Center celebrated its second anniversary of Magnet® designation on January 10. St. John is the first and only hospital in northeastern Oklahoma to receive Magnet® designation from the American Nurses Credentialing Center's Magnet Recognition Program® for demonstrating excellence in nursing practice, adherence to national nursing standards and exceptional delivery of nursing services.

12 East Honored with Traveling Trophy for Nursing Excellence



The 12 East nurses and nurse manager, Lisa Allen were awarded the St. John Medical Center traveling trophy in January for earning an impressive 95 percent patient satisfaction score. Since opening in June 2011, the medical unit has experienced increasingly positive patient satisfaction ratings.

Nurses in the Community

Nurses Enjoy a Roaring Good Time at Tulsa Zoo Run



St. John was a proud sponsor of the Tulsa Zoo Run on October 1, 2011. St. John nurses volunteered at two St. John first aid stations, the St. John Kids Club area, the fun run finish line, and a water stop.



Jailed for a Cause

St. John Medical Center CVICU nurse manager, Julie Adams was jailed March 15 to raise money for the American Heart Association. The jail cell was set up outside the CVICU, and associates were invited to contribute to help her make “bail.” St. John staff raised \$600 during the four-hour event, which was applied to St. John’s team fundraising totals for the Heart Walk in April.

Turn Tulsa Pink



St. John nurses participated in Turn Tulsa Pink, a local grassroots effort created to honor women and children who have faced cancer. The St. John Center for Women’s Health decorated units with pink flowers in honor of Turn Tulsa Pink, and many nurses wore pink shirts with their scrubs.

flowers in honor of Turn Tulsa Pink, and many nurses wore pink shirts with their scrubs.

St. John
Cares Enough to
WEAR PINK